



**We live in tents and valuables can easily get damaged or lost, so do NOT bring them!**

## Girls Gear List

### CHECKLIST

- ❖ Sleeping Bag (clearly marked with name)
- ❖ Tops (T-shirts)
- ❖ Socks (suggest 7 pairs)
- ❖ Shoes (2 pairs, trainers are essential)
- ❖ Underwear
- ❖ Warm Tops (jumper, a hoodie)
- ❖ Trousers (jeans, track suit bottoms)
- ❖ Shorts
- ❖ Night Clothes
- ❖ Hat (for sun protection)
- ❖ Wash Bag (tooth brush, tooth paste, flannel, soap, deodorant, hair brush and hair ties)
- ❖ Swim bag (towel, swimming costume, goggles, armbands)
- ❖ Torch
- ❖ Waterproof (anorak)
- ❖ Plastic Bag (for dirty clothes)
- ❖ Cuddly Toy

### **Do NOT buy expensive new clothes for Camp.**

Camping is rough on clothes and they could get ruined. There are no wardrobes, they will be rolled up in a bag in a tent for a week and get a “camping smell”, and if it rains there is yellow mud that doesn’t always wash out. Old clothes “on their last legs” are ideal – it doesn’t matter if they get lost or muddy or torn.

### Some Useful Hints for Camping

- Roll up your sleeping bag and put it in a black plastic sack with your name on the outside.
- Favourite old clothes are ideal for sleeping in on Camp, i.e. a t-shirt, 2 sweatshirts and socks – you can take off layers as you generate heat and warm up.
- Keeping your feet dry is very important on Camp. Bring lots of socks and 2 pairs of comfortable old shoes. Do NOT buy new trainers. Wellies/jellies are fine if you like them.

### **DO NOT BRING**

1. Electrical items of any sort – walkmans, iPods, mobile phones, hair dryers, hair strengtheners, game consoles
2. Valuable items such as watches, rings, cameras, designer sunglasses or items of special sentimental value.
3. Knives of any sort, or matches. (It's not that kind of camping)

### **MARK all your belongings**

The easiest way to do this is write your name on the washing label or elastic with an indelible laundry pen.

Please note that although we do try to return any lost property that we find to the owner, we are not liable for any missing personal effects.